DRAFT

TIDAL WETLANDS GUIDELINES

Submitted to Virginia Coastal Zone Management Program

August 2008
This project was funded by Virginia Coastal Zone Management Program at the Department of Environmental Quality through Grant #NAO5NOS4191180 of the U.S. Department of Commerce, National Oceanic and Atmospheric Administration, under the Coastal Zone Management Act of 1972, as amended.
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Section 1: Introduction

The purpose of this document is to update the Tidal Wetlands Guidelines. Originally adopted by the Marine Resources Commission in 1974, the guidelines were formally amended to include non-vegetated wetlands in 1982. The Wetlands Mitigation-Compensation Policy first adopted in 1989 was added to the Guidelines when they were reprinted in 1993. The most recent change to tidal wetlands guidance was an update to the Mitigation-Compensation Policy in 2005. These later amendments were critical changes to the Guidelines that focused on the addition of new information and policy while the original content and construct of the guidelines remained largely unchanged.

The scientific understanding of the role of tidal wetlands and the connection between wetlands and riparian lands and subaqueous lands has continued to evolve and improve. This understanding requires resource management decisions that are based upon a systems-based perspective rather than an individual resource. The guidelines should reflect the current understanding of tidal wetlands to promote informed decision-making regarding this important resource.

There are close to 300,000 acres of tidal wetlands in Virginia found along shores of the Chesapeake Bay and its tributaries, as well as Back Bay, and the coastal bays and inlets of the Atlantic Coast. The greater share of these is found in the broad, expansive marshes on the seaside of the Eastern Shore and the remaining wetlands line the shores of Virginia’s creeks and rivers. These same shores have and continue to provide access to commerce and trade and are an increasingly popular choice for residential living. Years of human impact have resulted in wetland losses and adverse impacts on wetland functions that have diminished the resource and adversely affected the role of wetlands in the ecosystem.

The Commonwealth of Virginia has committed to a policy of no-net-loss of wetlands, tidal and non-tidal. For tidal wetlands, the Wetlands Mitigation-Compensation Policy provides criteria for mitigation and compensation for all direct permitted tidal wetlands losses.

However, wetlands are also adversely impacted indirectly by actions taken along the shoreline. Certain erosion control structures may exacerbate erosion of channelward and adjacent wetlands by transferring energy along the shoreline. The placement of a hardened structure in, or landward of the tidal wetlands, means that the wetlands will convert to open water with rising sea level.

The placement of an erosion control or other structure has a local and regional effect on the distribution of sand and sediment. Erosion control structures do act to stabilize eroding shorelines and prevent sediment from entering the water. At the same time, the sediment trapped behind structures and removed by other actions reduces the amount of available sediment. Tidal vegetated marshes need to trap sediment to adjust to rising sea levels. Sandy material from eroding shorelines maintains and builds beaches providing erosion protection and frontline access. This contributes to the loss of wetlands through erosion and sea level rise.
Cumulative wetlands losses, modifications of riparian buffers and impacts to submerged aquatic vegetation (SAV) and subaqueous lands are linked to the degradation of the ecosystem. Loss of water quality and adverse effects on the habitats for finfish, crustaceans, shellfish, waterfowl and wading birds is the result. The direct effects of losses of any of these resources are compounded when added together. Decisions made regarding wetlands should be integrated with consideration of associated resources to provide the most comprehensive approach to resource management.

In addition to impacts due to human activities, some wetlands loss is also a natural occurrence, as rising sea level proceeds faster than marshes are able to move upward or landward. Tidal marshes are subject to loss from erosion as well.

The sustainability of tidal wetlands will depend not just upon avoidance and appropriate compensation for direct losses, but broader, longer-term consideration of the health of the resource. The persistence of these critical ecosystems will require sound planning and management to accommodate the natural losses with landscape level actions while addressing the man-made impacts through the application of preferred alternatives to shoreline management.

The guidelines included in this document are intended to promote the preservation of tidal wetland while accommodating necessary economic development in a manner consistent with the best scientific and technical information considering the relationship of riparian lands, wetlands and adjacent submerged lands.
Section 2: Definitions

Tidal Wetlands: Vegetated
"Vegetated wetlands" means lands lying between and contiguous to mean low water and an
elevation above mean low water equal to the factor one and one-half times the mean tide range
at the site of the proposed project in the county, city, or town in question, and upon which is
growing any of the following species: saltmarsh cordgrass (Spartina alterniflora), saltmeadow
hay (Spartina patens), saltgrass (Distichlis spicata), black needlerush (Juncus roemerianus),
saltwort (Salicornia spp.), sea lavender (Limonium spp.), marsh elder (Iva frutescens),
groundsel bush (Baccharis halimifolia), wax myrtle (Myrica sp.), sea oxeye (Borrichia
frutescens), arrow arum (Peltandra virginica), pickerelweed (Pontederia cordata), big cordgrass
(Spartina cynosuroides), rice cutgrass (Leersia oryzoides), wildrice (Zizania aquatica), bulrush
(Scirpus validus), spikerush (Eleocharis sp.), sea rocket (Cakile edentula), southern wildrice
(Zizaniopsis miliacea), cattail (Typha spp.), three-square (Scirpus spp.), buttonbush
(Cephalanthus occidentalis), bald cypress (Taxodium distichum), black gum (Nyssa sylvatica),
tupelo (Nyssa aquatica), dock (Rumex spp.), yellow pond lily (Nuphar sp.), marsh fleabane
(Pluchea purpurascens), royal fern (Osmunda regalis), marsh hibiscus (Hibiscus moscheutos),
beggar's tick (Bidens sp.), smartweed (Polygonum sp.), arrowhead (Sagittaria sp.), sweet flag
(Acorus calamus), water hemp (Amaranthus cannabinus), reed grass (Phragmites communis),
or switch grass (Panicum virgatum). Code of Virginia §28.2-1300

Tidal Wetlands: Nonvegetated
"Nonvegetated wetlands" means unvegetated lands lying contiguous to mean low water and
between mean low water and mean high water, including those unvegetated areas of Back Bay
and its tributaries and the North Landing River and its tributaries subject to flooding by normal
and wind tides but not hurricane or tropical storm tides. Code of Virginia §28.2-1300.

Water Dependent
As defined by the Virginia Marine Resources Commission, water dependent means "those
structures and activities that must be located in, on, or over tidal wetlands." When applying
this definition, both of the following questions must be answered affirmatively:

1. Is it necessary that the structure be located over wetlands? and,
2. Is it necessary that the activity associated with the structure be over the wetlands?
Section 3: Tidal Wetlands in the Ecosystem

Tidal wetlands are one component of the tidal shoreline ecosystem. Tidal wetlands, upland and riparian lands, nearshore waters, and in some cases beaches and dunes make up the tidal shoreline system.

Tidal shorelines are the site of complex interactions between terrestrial and aquatic systems (Figure 1). These areas have values that far outweigh their relative size in the larger ecosystem. The interactions and functions of shorelines occur both across and along the shore. Interactions along the shore can occur at site-specific, creek, river and larger scales (Figure 2). Larger scales may be defined as a reach, a discrete portion of a shoreline somewhat homogeneous in its physical characteristics and upon which there are mutual interaction of the forces of erosion, sediment transport, and accretion.

The tidal shoreline system is exceptionally important habitat for a wide variety of organisms, some living primarily on land, others that live in water, and a few that are found only in the intertidal zone between land and water. They provide important filtration capacity for materials carried in runoff and groundwater. Shorelines often have natural erosion resilience in the form of wetlands, beaches and dunes and nearshore flats. The ecological functions that are valued by humans are referred to as ecosystem services.

Shorelines are transient ecosystems. Physically they are the transition between uplands and water. Temporally, they respond to climate, geologic, biologic and chemical processes. There are two certainties of shorelines; 1) shorelines change, and 2) humans seek to manage shorelines.

On tidal shorelines, each component is managed independently as required by separate laws. Local governments implement the Tidal Wetlands Act and Coastal Primary Sand Dune Act through Wetland Boards and the Chesapeake Bay Preservation Act through a Bay Board or other process, while subaqueous lands are the responsibility of the Virginia Marine Resources Commission. Each program seeks to avoid impacts in areas under their jurisdiction. This may mean that decisions made regarding the actions in wetlands can have adverse impacts on riparian and submerged lands, and visa versa. And that the environmental preferred action may necessitate work in, or impacts to, multiple resources to achieve a beneficial outcome.

Guidance that is based upon an integration of shoreline concepts creates the opportunity to maximize the ecological benefits derived from the various resources. Recognition that particular shoreline management options may not be uniformly desirable from different regulatory perspectives means coordination among management agencies will be essential. The basis for coordination is the rationale for establishment of the various regulatory programs – sustaining public benefits from environmental services. The desire to maintain the capacity of the natural system to do the things that are important and valuable to the general citizenry of the Commonwealth underpins the riparian, intertidal and subaqueous lands management programs operating in Virginia. These programs uniformly seek to accommodate private and public development interests within the broader goal of sustaining ecosystem services.
Wetland Services to Shoreline Ecosystems

The relationship between shoreline resources and ecosystem functions is very complex. Tidal wetlands are unique systems that bridge the gap between uplands and tidal waters. Some wetland functions such as the provision of intertidal habitats are specific to this condition. While other functions, such as the production of vegetative material to support estuarine foodwebs, are provided to varying degrees by other components of the shoreline system like SAV and forested riparian buffers. And still other functions are dependent upon the interactions of tidal wetlands with other components of the shoreline system.

Tidal Wetlands provide the following ecosystem services:

- Habitat (food and shelter) for both aquatic and terrestrial animals such as blue crabs, small fish and marsh birds.
- High productivity and the contribution to aquatic food webs through the growth of algae and the export of detritus.
- Filtration of tidal waters, overland flow, and groundwater.
- Nonvegetated wetlands provide a buffer between uplands and the waterway.
- Aesthetics, open space, recreation.

![Ecosystem Services Flow Diagram](image)

**Figure 1. Ecosystem Services Flow Diagram.** Each element of the ecosystem provides one, or more, functions. These functions provide one, or more, values to society.
Cross-shore integration: Each portion of the shoreline, from the upland to riparian to wetland to aquatic zone, affects all other portions of the shoreline. Riparian trees slow overland runoff, reducing sediment inputs to the aquatic system. Seagrasses and marsh vegetation reduce wave energy, protecting the upland from erosion. Birds, such as osprey, may nest in riparian forests, but hunt in the aquatic environment. Crabs and juvenile fish move in and out of the marsh with each tidal cycle, using it for protection and foraging for food. Any action taken on one portion of the shoreline will have impacts that resonate throughout the entire cross-shore area. Symbols courtesy of the Integration and Application Network (ian.umces.edu/symbols/), University of Maryland Center for Environmental Science.

Figure 2. Cross-shore Ecosystem Services
**Longshore Integration:** Each section of shoreline can affect and is affected by upstream and downstream sections of shoreline. Sediment supply comes from upland runoff and eroding bluffs; this supplies sand to adjacent downstream properties, which in turn supply sand to the next downstream property. In this way, actions on one portion of the shoreline may affect properties miles downstream. Riparian and wetland habitats along the shoreline provide corridors for animal movement up and downstream. Any action taken on one section of shoreline will have impacts along the entire reach. Symbols courtesy of the Integration and Application Network (ian.umces.edu/symbols/), University of Maryland Center for Environmental Science.

**Figure 3. Longshore Ecosystem Services**
Section 4: Tidal Wetlands Classification

This classification reflects the Virginia definition of tidal wetlands with types, or classes, of both vegetated and non-vegetated wetlands.

The vegetated wetland classes are described by the dominant plant, or plants with supporting information provided by Fleming et al (2006). Vegetative community composition depends mostly upon tidal inundation and salinity. The non-vegetated wetlands are described by the dominant substrate, which depends on sediment distribution, relative wave energy and sediment transport, plus anthropogenic actions.

The classification system is designed to reflect the provision of ecosystem services of water quality, habitat and sediment stabilization. The provision of these services is influenced by the dominant structure, whether vegetation or substrate. As a result, the classification system that is largely based upon wetland structure is also indicative of ecosystem services.

General Distribution
Tidal wetlands are found along Virginia’s shorelines of the Chesapeake Bay, its’ tributary rivers and creeks and the coastal bays on the Atlantic Seaside.

Waterlogged soils and salinity are the primary physical factors that determine the distribution of tidal wetlands vegetation. Water and salinity both create stressful conditions for plant survival. In general, for marsh plants, the vegetation in lower intertidal areas is set by physical factors such as tidal inundation and salinity, whereas the vegetation in high intertidal areas is set by competition. The terms “high” and “low” marsh refer to the relative elevation within the intertidal zone. Low marsh areas are tidal communities that are flooded semi-diurnally, or twice daily. High tidal marsh communities are irregularly flooded, lunar tidal and wind-tidal wetlands.

Tidal range varies along Virginia’s rivers and creeks from about 1 foot in the Rappahannock near Fredericksburg, to 4 feet on the upper Mattaponi. The variable tide range is a critical consideration as the upper edge of vegetated wetland jurisdiction defined as an elevation 1.5 times the tide range. Extensive survey and vegetative community studies support the use of indicator species to identify the upper limit of vegetated wetlands. There are instances, however, where salt spray or groundwater discharge supports the occurrence of common wetland plants above the defined elevation.

In the Bay, salinity decreases traveling from the Atlantic Ocean, at 32 ‰, upstream to a point where salinity is absent and freshwater inputs dominate (Figure 4). The general distribution of tidal wetlands from brackish to fresh follows the salinity distribution. Plant species composition shifts along estuarine salinity gradients, with salt-tolerant halophytic plants dominating salt and brackish marshes and non-halophytic wetland plants dominating tidal freshwater habitats (Odum and Hoover 1988, Mitsch and Gosselink 2000). The diversity of plant species increases with decreasing salinity. Figure 5 identifies the plant species listed in the tidal Wetland Act by relative salinity as shown in Figure 4.
By and large, localities on the Eastern Shore, with bay frontage, and on the lower reaches of the James, York, Rappahannock and Potomac have brackish wetlands. However, each tributary river and creek acts as a miniature estuary with decreasing salinity moving upstream. This means that freshwater marshes can be found in localities where brackish marshes are most common.
Figure 4. General Salinity Distribution in Virginia
### Plant communities commonly associated with different salinity regimes

<table>
<thead>
<tr>
<th>Salinity</th>
<th>Community Type</th>
<th>Scientific Name</th>
<th>Common Name</th>
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<tr>
<td>Euthaline</td>
<td>Emergent Smooth Cordgrass Monotypic</td>
<td>Spartina alterniflora</td>
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<td></td>
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<td>Juncus roemerianus</td>
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<td>Salicaria bigelovii</td>
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<td>Salicaria virginica/Salicaria europaea</td>
<td>Virginia Glasswort</td>
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<td></td>
<td>Emergent High Marsh Brackish</td>
<td>Distichlis spicata</td>
<td>Salt Grass</td>
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<td>Panicum vegetum</td>
<td>Switch Grass</td>
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<td></td>
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<td>Phragmites australis/Phragmites communis</td>
<td>Common Reed</td>
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<td></td>
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<td>Spartina patens</td>
<td>Saltmeadow Hay</td>
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<td>Scrub/Shrub</td>
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<td>Aster tenuifolius</td>
<td>Saltmarsh Aster</td>
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<td></td>
<td>Borrichia fractescens</td>
<td>Sea Ox Eye</td>
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<td>Salicaria virginica/Salicaria europaea</td>
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<td>Panicum vegetum</td>
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<td>Common Reed</td>
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<td>Spartina patens</td>
<td>Saltmeadow Hay</td>
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<td>Baccharis halimifolia</td>
<td>Groundsel Bush</td>
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<td>Bidens spp.</td>
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<td>Peltandra virginica</td>
<td>Arrow Arum</td>
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<td>Taxodium distichum</td>
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<td>Osmunda regalis</td>
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<td>Clethra alnifolia</td>
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<td>Myrica cerifera</td>
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<td>Cephalanthus occidentalis</td>
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*Figure. 5. Tidal Wetland Plants*
**Tidal Wetland Classes**

Salt/Brackish emergent low marsh
- Smooth Cordgrass
- Mixed

Brackish emergent high marsh
- Scrub/shrub
- Tidal Fresh emergent
- Tidal Forested
  - Bald Cypress
  - Mixed Hardwood
- Sandy Intertidal
- Other Non-vegetated Intertidal
- Shell-Rock-Rubble

**Vegetated**

Salt/Brackish emergent low marsh

Subclass: Smooth Cordgrass

This community is associated with high salinity conditions along the shorelines of the Bay, lower reaches of the tributary rivers and the Atlantic coastal Bays. It occurs generally as monotypic stands of *Spartina alterniflora*, Smooth cordgrass. Smooth cordgrass grows between the elevation of mid-tide and mean high water. Few emergent plants are associated with this community. Black needlerush (*Juncus roemerianus*) may be found occasionally.

Subclass: Mixed

With decreasing salinity, the vegetative community becomes a mix of smooth cordgrass and other species. Black needlerush (*Juncus roemerianus*) and saltmarsh bulrush (*Schoenoplectus robustus* formerly *Scirpus robustus*) are found in the intertidal area as both can tolerate salinity and the twice daily flooding. Other plants that occupy the intertidal zone but have lower salinity tolerance include chairmaker’s rush (*Schoenoplectus americanus*), and softstem bulrush (*Schoenoplectus tabernaemontani*). Just downstream from tidal freshwater, in low salinity wetlands the other species may be the dominant vegetation.

Brackish emergent high marsh

These marshes are found in the Atlantic coastal bays and along the bay and it’s tributaries. Tidal brackish high marshes are typically characterized by low diversity and dominated by grasses. The vegetation often forms a mosaic rather than a distinct zone. A common name for these marshes is salt meadows. The dominant grasses are saltmeadow hay, *Spartina patens* and saltgrass, *Distichlis spicata*. There are several other plant species commonly associated with high marshes. These include sea-oxeye (*Borrichia frutescens*), sea-lavender (*Limonium carolinianum*), saltmarsh fleabane (*Pluchea odorata*), saltmarsh bulrush (*Schoenoplectus robustus* formerly *Scirpus robustus*), *Schoenoplectus tabernaemontani* (formerly *Scirpus validus*), sea rose-pink (*Sabatia stellaris*) and marsh aster (*Aster tenuifolius*). Salt marsh panes,
with higher than average salinities, are often associated with glassworts (Salicornia virginica and Salicornia bigelovii) and black needlerush (Juncus roemerianus).

Big cordgrass, Spartina cynosuroides, may be found along the landward edges of higher salinity marshes and as a dominant species in lower salinity areas. Other species common in these areas include smartweed (Polygonum punctatum) and halberd-leaved tearthumb (Polygonum arifolium), bull-tongue arrowhead (Sagittaria lancifolia), eastern rose-mallow (Hibiscus moscheutos), seashore mallow (Kosteletzya virginica), and swamp dock (Rumex verticillatus). Common along the upland edge of the high marsh where ground water inputs and nutrients are high is the narrow-leaved cattail (Typha angustifolia). Switchgrass (Panicum virgatum) and seaside goldenrod (Solidago sempervirens) are also found along the upper limit of the brackish emergent high marsh.

The upland-wetland boundary, dredge disposal areas and other disturbed areas often support dense, nearly monospecific colonies of common reed (Phragmites australis). Phragmites is an aggressive species that can out compete other native species in tidal and nontidal wetlands.

Scrub/shrub
These wetlands comprise the ecotone between high marsh, tidal fresh emergent and swamp forests or uplands. Most of the tidal scrub/shrub wetlands are dominated by two species of saltbushes; groundsel tree, Baccharis halimifolia and marsh elder, Iva frutescens. Switchgrass (Panicum virgatum) and seaside goldenrod (Solidago sempervirens) are commonly associated with saltbushes. On the landward side of the saltbushes and in lower salinity scrub/shrub marshes, bayberries (Morella cerifera, formerly Myrica cerifera) are common. Further upriver the scrub/shrub community may include species characteristic of both tidal fresh emergent marshes and tidal forests such as smooth alder (Alnus serrulata), buttonbush (Cephalanthus occidentalis), swamp rose (Rosa palustris), black willow (Salix nigra), and silky dogwood (Cornus amomum). In the upper reaches of the tidal rivers, this community is largely replaced by tidal forest.

Tidal Fresh emergent
Community Composition
These wetlands are found along the upper tidal reaches of rivers and tributaries throughout the coastal plain. The plants in this community are generally intolerant of salinity. While notable examples are found in the great expanses of tidal fresh marshes along the Pamunkey and Mattaponi Rivers, these marshes also occur as fringe marshes along the water-upland boundary. Tidal freshwater species may also be found along the upper edge of brackish wetlands where freshwater inputs from groundwater, or runoff, provide appropriate growing conditions. Some species in this community also occur in nontidal wetlands.

The vegetation of these marshes tends to be fairly diverse and patchy in distribution. Those marshes that are higher in elevation and are upstream of any salinity are the most diverse. The most common species are arrow-arum (Peltandra virginica), pickerelweed (Pontederia cordata), dotted smartweed (Polygonum punctatum var. punctatum), wild rice (Zizania aquatica var. aquatica), rice cutgrass (Leersia oryzoides), tearthumbs (Polygonum arifolium
and Polygonum sagittatum), beggar-ticks (Bidens spp.), and annual wild rice (Zizania aquatica). In places, sweetflag (Acorus calamus), waterhemp pigweed (Amaranthus cannabinus), and southern wild rice (Zizaniopsis miliacea) may form dominance patches. Mud flats that are fully exposed only at low tide may be vegetated by spatterdock (Nuphar lutea).

Tidal freshwater marshes provide the principal habitat for the endangered sensitive joint-vetch (Aeschynomene virginica).

**Tidal Forested**

Tidal forested wetlands are found in the upper reaches of the tidal rivers and occasionally as a continuum between tidal marshes and non-tidal swamps or uplands. These wetlands are characterized by the presence of canopy trees and may be associated with other strata. They tend to fall into two groups of dominant vegetation; bald cypress with or without associated species, and mixed deciduous hardwood community. Many of the plant species of the tidal forest can also be found in nontidal wetlands.

**Subclass: Bald Cypress**

Bald cypress (Taxodium distichum) with associated hardwoods such as swamp tupelo (Nyssa biflora), water tupelo (Nyssa aquatica), and green ash (Fraxinus pennsylvanica) are found in the Dragon Swamp / Piankatank River (Gloucester, King and Queen, and Middlesex Counties), Chickahominy River (Charles City, James City, and New Kent Counties), James River (Isle of Wight and Surry Counties), and the Northwest and North Landing Rivers (City of Chesapeake and Virginia Beach). In the North Landing River, south of the James, associated species differ a bit and in addition to tupelo (Nyssa biflora), include loblolly pine (Pinus taeda), sweetbay (Magnolia virginiana) and red bay (Persea palustris) and southern bayberry (Myrica cerifera) and royal fern (Osmunda regalis).

**Subclass: Mixed Hardwood**

Tidal hardwood swamps occur along all of the major eastern Virginia rivers from the James River northward with extensive areas along the Pamunkey and Mattaponi Rivers. This community is fairly diverse with canopy trees and associated shrubs and herbaceous plants. Pumpkin ash (Fraxinus profunda) and swamp tupelo (Nyssa biflora) are the abundant overstory species, with associates of red maple (Acer rubrum), green ash (Fraxinus pennsylvanica), sweetgum (Liquidambar styraciflua), swamp chestnut oak (Quercus michauxii), persimmon (Diospyros virginiana), and black gum (Nyssa sylvatica). Shrubs commonly associated included winterberry (Ilex verticillata), smooth alder (Alnus serrulata), southern bayberry (Myrica cerifera), American holly (Ilex opaca), spicebush (Lindera benzoin), sweetbay magnolia (Magnolia virginiana), swamp rose (Rosa palustris), silky dogwood (Cornus amomum ssp. amomum) and Virginia-willow (Itea virginica). Climbing vines such as poison ivy (Toxicodendron radicans ssp. radicans), and greenbriers (Smilax spp.) are also common. Herb species include many of those common to tidal freshwater emergent wetlands. Some additional associated species include false nettle (Boehmeria cylindrica), water-hemlock (Cicuta maculata), lizard's-tail (Saururus cernuus), and spotted jewelweed (Impatiens capensis).
Nonvegetated

Sandy Intertidal
Community Composition
This class of wetlands tends to occur along the shorelines of the Bay, lower reaches of the tributary rivers and the Atlantic Coastline. These wetlands are comprised of sandy sediment. Finer-grained materials, and associated organic matter, are not typical of these higher energy shorelines. With the high sand content and lack of dark-colored clays, silts and organics, sandy intertidal wetlands appear light in color. Benthic animals that are tolerant of the higher salinity and energy include various species of mollusks, polychaetes, with amphipods and isopods further from the water. In the highest energy conditions of the Atlantic Coast, the animals that occupy this area are typically highly mobile rapid burrowers. On high tide, finfish and crustaceans seek refuge and forage.

Other Non-vegetated Intertidal
This class of wetlands is found along lower energy sheltered shorelines. The finer grained material is associated with organic matter that together supports primary production of microalgae. In turn, the microalgae form the base of a food web that leads to production of shellfish, crustaceans and finfish. Greater benthic biomass is associated with mud flats than course grained sand flats. (Ricciardi and Bourget, 1999) as is greater species richness (Heck, et al., 1995).

Shell-Rock-Rubble
This class of wetlands includes hardened substrate which may be native or anthropogenic, such as deposited oyster and clam shell, concrete and granite rubble. These wetlands provide two primary services, the hardened material is erosion resistant and the surfaces provide substrate for attached animals such as oysters, barnacles, mussels, tunicates and other mollusks and invertebrates. Sloped features with interstitial spaces provide both the greater erosion protection through wave dissipation and the largest surface area for attached animals. However, non-native rock does not provide habitat for shell boring animals and does not breakdown into shell hash and organic constituents.
Section 5: Criteria for project review

General Criteria

1. Preference for sustainable actions
Coastal shorelines and nearshore shallow waters tend to be dynamic and interconnected with the surrounding landscape and vegetative and animal life. Any action on one part of the system not only results in direct impacts to that habitat, but has the potential to impact adjacent habitats. Therefore, activities that impact subaqueous, intertidal and riparian zones should be avoided whenever possible.

To reduce the cumulative and secondary impacts of activities within the multiple jurisdictions and management programs affecting the littoral and riparian zones, better coordination and integration of policies and practices is necessary. When making decisions, it is important to optimize water quality and habitat functions across the entire cross-shore environment. Special emphasis should be placed on the preservation or enhancement of attributes (such as riparian vegetation and wetlands) that contribute to both habitat and water quality.

2. The following should be avoided:
   a. Placement of fill or dredged material in wetlands
   b. Dredging through wetlands
   c. Flooding wetlands as a result of impoundment construction.
3. Unforeseen adverse impacts of improperly designed projects should be minimized with appropriate design and implementation of the project to accomplish the intended goal.
4. Landuse modifications and impervious surface in watersheds adversely affect tidal water and wetlands and should be avoided to the maximum extent practicable.
5. Time of year restrictions should be applied based upon project extent and location. Species of concern include those that may be transient users of tidal wetlands.

Required Information
1. Permit applications shall include
   a. the name and address of the applicant;
   b. a detailed description of the proposed activities;
   c. a map, drawn to an appropriate and uniform scale, showing the area of wetlands directly affected, the location of the proposed work thereon, the area of existing and proposed fill and excavation, the location, width, depth and length of any proposed channel and disposal area, the location of all existing and proposed structures, sewage collection and treatment facilities, utility installations, roadways, and other related appurtenances or facilities, including those on adjacent uplands;
   d. a description of the type of equipment to be used and the means of equipment access to the activity site;
e. the primary purpose of the project; any secondary purposes of the project, including further projects;
f. the names and addresses of owners of record of adjacent land and known claimants of water rights in or adjacent to the wetland of whom the applicant has notice;
g. an estimate of cost;
h. the public benefit to be derived from the proposed project;
i. a complete description of measures to be taken during and after the alteration to reduce detrimental offsite effects;
j. the completion date of the proposed work, project, or structure;
k. and such additional materials and documentation as the wetlands board may require.

2. Detailed information on activities in the uplands should be provided when the proposal includes wetland (beaches/dunes) impacts.
3. All potential impact areas should be identified including staging areas, access, and equipment and material storage and stockpile areas.
4. Restoration and compensation plans, should include scaled, geographically referenced drawings for any impacts to shoreline resources resulting from permitted activities.
5. Restoration and compensation plans should include adequate details to allow for the assessment of the likely success of a proposed wetland action. Plans should include a monitoring protocol and timeline. Milestones should be provided as to the chosen protocol for assessment restoration success (i.e., vegetated cover, density, stem count, etc).
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Specific Criteria

1. Shoreline Protection
   A. Preserving, creating or enhancing natural systems such as marshes, beaches and dunes is always the preferred approach to shoreline erosion protection. The use of vegetative solutions to shoreline erosion is commonly referred to as living shorelines.

   B. Shoreline erosion protection is justified when erosion along a shoreline has the potential to result in significant loss of property and upland improvement.

   C. The preferred management approach will generally avoid direct impacts to tidal wetlands, SAV and natural riparian areas. The specific approach will depend upon the cause of the erosion, the relative energy on the shoreline, and the presence of natural resources and anthropogenic features. Assessment of these elements may identify the need for more than one approach along the shoreline.

   D. Shoreline management approaches can be grouped into four groups in order of preference as follows:

   1) no action; maintain or enhance natural shoreline features
   2) non-structural techniques,
   3) combined non-structural and structural techniques, and
   4) structural techniques.

   a. Non-structural Techniques include:
      1. Planting marsh vegetation
      2. Planting riparian vegetation
      3. Selective modification of riparian vegetation
      4. Stabilization with bank grading and vegetative plantings

   Planting marsh and or riparian vegetation can address water flow as a cause of erosion whether from tidal waters or upland runoff, or both. Native vegetation is preferred due to the greater likelihood for successful establishment and the provision of native habitats, although other non-native species and varietals may provide effective erosion control.

   Marsh grasses and shrubs grow best in full sun conditions. Establishment of marsh vegetation may require some modification of riparian vegetation such as pruning or selective tree removal to ensure adequate sunlight.

   Stabilization with bank grading and vegetative plantings

   The removal of existing vegetation will result in a (temporary) loss of treatment for surface run-off and groundwater and the grading will likely contribute non-point source pollution in the form of sediment to the waterway. The newly graded slope should be
re-vegetated with multiple strata, different layers, of vegetation including woody and herbaceous species.

b. Combination techniques include the preservation or creation of a natural feature, a marsh or a beach, in combination with a hard structure. The hard structures serve a critical function to the over-all design and the adverse impacts are of the structures are off-set by the ecosystem benefits of the marsh or beach. Combination techniques include:

1. A structure placed channelward of an existing or created marsh (marsh toe revetment)
   A structure, typically stone, serves as to buffer wave energy protecting an existing or created marsh. The structure may be sloped against the eroding marsh or free standing immediately channelward of the marsh.

These structures limit the connection between intertidal and subaqueous areas and convert native soils and vegetated areas to non-native rock. The result is a change in the benthic community and associated forage animals and a restriction in access of marine fauna to the marsh. Design features such as gaps and low spots in the elevation of the structure can be incorporated to improve access.

2. Structure(s), placed channelward to protect an existing, or enhanced sand flat or beach,

Sill structures limit the connection between intertidal and subaqueous areas and convert native soils and vegetated areas to non-native rock. The result is a change in the benthic community and associated forage animals and a restriction in access of marine fauna to the marsh.

Breakwaters cause the conversion of nearshore shallow waters to rock and sandy shoreline. This will cause a shift in the benthic community and associated forage by crustaceans and shorebirds. The construction of the breakwater will cause temporary water quality impacts and may interrupt sediment transport. Breakwaters are most effective on high energy sandy shorelines when designed for a shoreline reach.

3. A structure, or structures, placed shore perpendicular to hold an existing or enhanced sand flat or beach (groin)

Groins will, by design, interrupt sediment transport along shore. This will likely result in a downdrift sediment deficit associated with increased erosion risk and the loss of intertidal habitats.

The beach element of the groin field provides the desired erosion protection creating distance between the upland and the waterway and run-up for wave dissipation. It is generally preferred to nourish groins with clean beach quality sand when they are
constructed. The channelward end of groins should be low profile in design to allow sand to move downdrift.

c. Structural techniques include:

Onshore revetment
Revetments sever one or more of the connections between riparian, intertidal and subaqueous areas. Revetments cover native soils and vegetated areas with non-native rock. The result is a loss in the provision of water quality improvement processes and a change in the benthic community and associated forage animals.

Bulkhead
Bulkheads sever one or more of the connections between riparian, intertidal and subaqueous areas. They alter the natural curve of the shoreline, remove undercut crevice habitat, reduce shallow water habitat, and may result in the direct loss of wetland and upland vegetation. Bulkheads also change nearshore wave dynamics, may cause increased erosion to wetlands and adjacent properties, and typically contribute to their own demise by reflecting wave energy to erode the substrate channelward of the structure. The common practice of bulkhead replacement 2 feet channelward of an existing wall encroaches over time in the conversion of wetlands or subaqueous lands to upland.

2. Dredging
Dredging has the potential to impact many of the services provided by and for the natural marine/estuarine ecosystem. Dredging re-suspends bottom sediments in the water column, which adversely impacts water quality. The increase in turbidity from dredging operations is generally considered to be a temporary impact. Sandy material will generate less turbidity. When material to be dredged includes fine-grained sediments, such as silt and clay, which remain in suspension for a long time, the adverse impact to water quality can be widespread in both area and time. In addition, dredging eliminates the existing bottom-dwelling organisms. The timeline for recovery of this community and the ecological services it provides is not well known.

Dredging can cause a significant disruption of the marine environment, and it often must be repeated in order to maintain water depths.

1. Construction of open pile piers to reach existing navigable depths is generally preferred to dredging.
2. Dredge area should be limited to that necessary for navigation.
3. Dredging that takes place adjacent to wetlands should maintain an adequate buffer between the dredge cut and the wetlands in order to prevent slumping and loss of the wetlands. Generally, the toe of the side slope of the design channel should be located at a horizontal
distance from the channelward edge of the wetland (i.e., mean low water) that is at least 4 times the depth of dredged material to be removed.

4. Dewatering and disposal of dredged material in upland sites away from the shoreline is preferable to overboard disposal.

5. Re-handling of the dredged material should be avoided.

6. Design specifications for dredged material disposal areas or identification of an approved disposal site is necessary.

7. Dredge material is generally unacceptable as backfill.

8. Sandy dredge material is considered an important resource both for the enhancement of the erosion protection of sandy shorelines and a recreational amenity. This material should be used in a beneficial manner along tidal shores. This may include the placement of material on tidal wetlands as determined to be in accordance with 4 VAC 20-400-10 ET SEQ.

3. Channeling into Uplands and Marshes
Creating navigable water by dredging into and through marshes and uplands has an adverse effect on ambient water quality. The channels are typically poorly flushed often leading to reduced dissolved oxygen levels, high nutrient and sediment concentrations and associated algal blooms and fish kills.

1. Channeling into uplands and marshes should be avoided.

4. Stormwater Facilities and Best Management Practices (BMPs)
1. As tidal wetlands are water of the Commonwealth, water quality management practices to improve the quality and address the quantity of surface runoff should be employed outside of tidal wetlands.

2. Stormwater outfalls should be placed landward of tidal wetlands. In this manner, the existing wetlands will serve as a buffer providing additional treatment of the quality and flow of the stormwater. Project design should address dissipation of flow to the wetland and receiving waters.

5. Marinas
Marina activities can adversely impact the water quality and habitat ecosystem services of shoreline and coastal resources. These activities include wet storage of boats, commercial structures, boating, fuel handling, solid waste and garbage disposal, shoreline stabilization structures, dredging and upland improvements. Activities associated with marinas should be water dependent in nature if proposed over water.

Marinas should be located in areas that are suitable. These sites will have less adverse environmental impacts, fewer habitat resources, no SAV and good flushing to reduce impacts to water quality. See REGULATION 4 VAC 20-360-10 ET SEQ

6. Drainage and Mosquito Ditching
Ditching in tidal marshes is a source of continued disturbance removing both vegetation and substrate. Ditching in tidal marshes has been shown to result in changes to finfish assemblages, sediment and water chemistry.
Creating positive drainage in ditches that connect to tidal waters is problematic. Efforts to design an effective invert elevation often lead to the potential for creation of tidal wetlands and or subtidal bottom from upland drainage ditches as tidal incursion moves into the ditch.

1. The dredged material generated from maintenance ditching should not be placed on wetlands. It should be placed on the previously used spoil site or other site where it can be properly contained.
2. Ditches should not be deeper than connecting waters.

7. Utility Crossings
Impacts associated with utility crossing vary in area and temporal extent depending upon the specifications of the project. The impacts from jetted or trenched crossing include the removal of vegetation (if present), disturbance of the sediment and impacts to the benthic fauna.

1. Impacts to wetlands and subaqueous bottom should be avoided by using directional drilling.
2. If the crossing will require trenching or dredging, conducting the work quickly and as cleanly as possible may minimize the quantity and duration of the adverse effects from increased turbidity.
3. All impact areas should be restored to their pre-construction contours and planted as appropriate with wetland plantings.

8. Aquaculture
Shellfish are an important component of the Chesapeake Bay ecosystem. They help increase water clarity by filtering their surrounding water, contribute to the aquatic food chain and beds and reefs serve as habitat for other aquatic species. While generally considered beneficial, impacts expected to result from aquaculture projects include temporary re-suspension of sediments resulting from aquaculture practices and the loss of aquatic bottom for other resources.

1. Use of aquaculture Best Management Practices, appropriate to the particular aquaculture operation, can minimize adverse environmental impacts.
2. Placement of Aquaculture related infrastructure in submerged aquatic vegetation (SAV) should be avoided. SAV data may be accessed at http://www.vims.edu/bio/sav.

9. Temporary Impacts
Temporary impacts are defined as any activities that result in a temporary loss of ecosystem services such as habitat or water quality functions but do not result in a permanent loss of these functions. These activities may include staging areas, equipment crossings, stockpiling, or excavations for the installation of utility crossings, or other such activities that do not involve the permanent loss of marine resources.

1. Temporary impacts should be limited to only that area and time which is necessary for construction or installation of the proposed project. Appropriate erosion and sedimentation controls should be installed outside of the impact areas to minimize additional secondary impacts to adjacent wetlands and waterways. All impacted areas
should be restored to their pre-construction contours and planted with appropriate wetland vegetation.

10. Flooding and Sea Level Rise
With sea level rise, continued encroachment of tidal waters may result in the conversion of upland lawn to vegetated wetland. Shoreline erosion protection techniques are generally not effective to address tidal flooding as they are designed to dissipate and reflect wave and tidal energy rather than serve as water-tight defenses to keep out tidal waters.

1. Protection of structures from tidal flooding is best accomplished by moving the structures inland or elevating them above flood level.
2. The use of a revetment or soil berms (levees) placed landward of the wetlands may provide protection from flooding. However, the same structure may hold stormwater on-site that would normally flow into the adjacent waterway.
Section 6: Glossary

Note: Items in red are in the body of the document

**Armor** Larger stone used as the outer layers of a revetment directly exposed to wave action (see also *Stone size*)

**Bank height** Approximate height of the upland bank above mean low water.

**Bathymetry** The topography, or contours, of a waterway correlated to water depths.

**Beach** The shoreline zone comprised of unconsolidated sandy material upon which there is mutual interaction of the forces of erosion, sediment transport and deposition extending from the low water line landward to the uplands.

**Best Management Practice (BMP)** Measures that have the combined effect of ensuring project integrity for the design life of the project while minimizing the potential adverse impacts associated with construction and maintenance.

**Beach nourishment** Placement of good quality sand along a beach shoreline to raise the elevation of the nearshore area.

**Breakwater** A structure usually built of rock positioned a short distance from the shore. The purpose is to deflect the force of incoming waves to protect a shoreline.

**Bulkhead** A vertical structure that acts as a retaining wall usually constructed parallel to a shoreline.

**Buried toe** Trenched seaward toe of a revetment to help prevent scour and shifting of the structure.

**Core stone** Smaller stone used as the base of a revetment to provide a stable base for armor stone.

**Downdrift** The resulting direction material is carried as waves strike a shore and move “down” along a shoreline.

**Ecotone** A transition area between two adjacent ecological communities

**Ecosystem Services** Components of nature, directly enjoyed, consumed, or used to yield Human well-being.

**Edaphic** Organisms living on or in the soil.
**Fetch**  The distance along open water over which wind blows. For any given shore, there may be several fetch distances depending on predominant wind directions, but there is generally one fetch which is longest for any given shoreline exposure.

**Filter cloth**  Synthetic textile placed between bulkhead sheeting and backfill or underneath a revetment to prevent soil loss yet provide permeability.

**Gabion**  A basket or cage filled with stone, brick or other material to give it a weight suitable for use in revetments or breakwaters. In the marine environment, usually made with galvanized steel wire mesh with a PVC coating.

**Groin**  A rigid, vertical structure extending perpendicular to shore to trap transporting sand or other material down a shoreline.

**Groin field**  A series of several groins built parallel to each other along a shoreline.

**Headland**  A point of land jutting out into a body of water or a shoreline section less resistant to erosion process than adjacent shorelines.

**Halophyte**  A plant that naturally grows where it is affected by salinity in the root area or by salt spray.

**Hydrophyte**  Plants that have adapted to living in or on aquatic environments

**Jetty**  A structure similar to a groin, but typically designed to prevent shoaling of a navigation channel.

**Joint Permit Application or JPA**  The standard Joint Permit Application for shoreline stabilization structures and other activities conducted in wetlands and the marine environment. The applicant completes one form and submits to either local agency or VMRC, which is responsible for distributing to local, state and federal permitting and advisory agencies (e.g. VIMS, Game & Inland Fisheries, Dept. of Conservation & Recreation, Dept. of Environmental Quality, US Army Corps of Engineers).

**Incidental effects**  Indirect impacts of an activity or structure, such as those resulting from redirected wave energy, trapped sand or sedimentation.

**Littoral transport**  The movement of sand and other materials along the shoreline in the littoral zone, or the area between high and low watermarks during non-storm periods.

**Low profile**  The recommended design for groins with a channelward elevation no greater than mean low water to allow sand bypass to continue once the groin cell is filled, reducing the potential for adverse downdrift effects.

**Marsh fringe**  A band of marsh plants which runs parallel to a shoreline.
**Marsh toe revetment**  A low revetment built to protect an eroding marsh shoreline.

**Mean low water**  The average height of low waters over a nineteen year period. Virginia is a low water state, meaning private property extends to the mean low water line.

**Mean tide range**  The vertical distance between mean high water and mean low water.

**Nearshore**  A term referring to the area close to the shore but still partly submerged. This area is where sand bars and shoals often form.

**Pressure treated**  The process of preserving wood by impregnating it with chemicals to reduce or retard invasion by wood destroying organisms.

**Reach**  A discrete portion of a shoreline somewhat homogeneous in its physical characteristics and upon which there are mutual interaction of the forces of erosion, sediment transport, and accretion.

**Return walls**  Bulkhead end sections perpendicular to the shoreline to tie the bulkhead into the upland and prevent the bulkhead from being flanked as the shoreline continues to retreat on either side of the structure.

**Revetment**  A sloped structure constructed with large, heavy stone, often in two layers, used to anchor the base of the upland bank. The size of a revetment is dictated by the energy of the shoreline environment where it is proposed.

**Riprap**  Stone that is hard and angular that will not disintegrate from exposure to water or weathering.

**Scarp**  A low steep slope caused by wave erosion.

**Seawall**  A vertical wall or embankment, usually taller and larger than a bulkhead.

**Shoal**  A shallow area in a waterway, often created by nearby sandbars or sandbanks.

**Shore orientation**  The compass direction the shoreline faces. Some directions are more prone than others to the erosive forces of storm events.

**Sill**  An erosion protection measure that combines elements of both revetments and offshore breakwaters. Sills are usually built of stone, low in profile and built close to shore.

**Sediment barrier or Silt screen**  Structures placed at the toe of a slope or in a drainageway to intercept and detain sediment and decrease flow velocities. Barriers may be constructed of posts and filter fabric properly anchored at the base or hay bales staked in place end to end.

**Sheet pile**  A wooden plank or steel sheet used in the construction of bulkheads and groins.
**Slope**  Degree of deviation of a surface from the horizontal; measured as a numeric ratio, percent or in degrees. When expressed as ratio, the first number is the horizontal distance and the second is the vertical distance.

**Splash apron**  A structural component, often of rock, used to prevent forceful waves from scouring out material from the top of a revetment or bulkhead.

**Spur**  A vertical structure normally used perpendicular to groins to redirect incoming waves to allow a sheltered area in the lee and promote the accumulation of sand.

**Stone size**  classes of riprap stone based on weight per VDOT specifications

- **Class A1**  25-75 pounds, ≤ 10% weighing more than 75 lbs, “man-sized”
- **Class 1**  150-150 pounds, 60% weighing more than 100 lbs
- **Class 2**  150-500 pounds, 50% weighing more than 300 lbs
- **Class 3**  3500-1,500 pounds, 50% weighing more than 900 lbs
- **Type 1**  1,500-4,000 pounds, average weight 2,000 lbs
- **Type 2**  6,000 – 20,000 pounds, average weight 8,000 lbs

**Storm surge**  The resulting temporary rise in sea level due to large waves and low atmospheric pressure created during storms.

**Subaqueous or Submerged lands**  The ungranted lands beneath the tidal waters of the Commonwealth extending seaward from the mean low water mark to the 3 mile limit.

**Submerged aquatic vegetation (SAV)**  Rooted plants found in shoal areas of Chesapeake Bay which provide important ecological roles, such as providing food, shelter and oxygen as well as trap sediment and dissipate wave energy.

**Time of year restrictions**  Restrictions that limit construction projects during periods of heightened sensitivity for species of concern, such as anadromous fish, nesting shorebirds, shellfish, submerged aquatic vegetation (SAV), and threatened and endangered species, such as the bald eagle and northeastern beach tiger beetle.

**Tombolo**  The area of accumulated beach material in the lee of a breakwater structure.

**Wave climate**  The average wave conditions as they impact a shoreline, including waves, fetch, dominant seasonal winds and bathymetry.

**Wave energy**  The force a wave is likely to have on a shoreline depending on environmental factors, such as shore orientation, wind, channel width, and bathymetry.

**Wave height**  The vertical measurement of a single wave from its base or trough to its top or crest.

**Wetland type**  A class of wetlands described by predominant vegetation, or in the case of nonvegetated wetlands, by substrate.
Section 7: Bibliography


